

Aid Station Name	Distance Between	Distance Between Aid	Total Distance	Crew Accessible
Start - Cuyamaca Lake	0.0		0.0	Yes
Cold Spring	6.5	6.5	6.5	
Trout Pond (aka Big Bend)	6.3	6.3	12.8	
Cuyamaca Peak	7.0	7.0	19.8	
Green Valley	9.0	9.0	28.8	Yes
Japacha Fire Rd (Water only?)	6.5	6.5	35.3	
East Mesa	2.8		38.1	
Sweetwater	2.3	5.1	40.4	Yes
Deer Park Rd & Indian Creek (water?)	6.5	6.5	46.9	
Deer Park Rd & Pine Creek Rd	1.5		48.4	
Hammer's Hideaway	2.5	4.0	50.9	
Big Tree	4.7		55.6	
Penny Pines 1	2.5	7.2	58.1	
Meadows	5.0	5.0	63.1	Yes
Red Tailed Roost	6.2	6.2	69.3	Yes
Todd's Cabin	4.9	4.9	74.2	
Penny Pines 2	5.0	5.0	79.2	
Pioneer Mail	4.0	4.0	83.2	Yes
Sunrise	7.2	7.2	90.4	Yes
Finish	9.0	9.0	99.4	